



Women V Cancer Ride the Night London 2024 – Ride Maker Volunteer Roles

All volunteers will need to check in with our Ride Maker Manager between 5 -7pm (role dependant). More information and exact timings for each volunteer role will be confirmed nearer the event.

Check-In

Time: 29/04/2023 5:00pm – 9:00pm

Role: This role will involve helping direct women to check in, handing out high viz vests and their food vouchers at check in.

Bike Rack Supervision

Time: 29/04/2023 5:00pm – 11:00pm

Role: You will be working in a team ensuring that the rider's bikes are racked correctly pre-event. You will also be supporting the participants collect the correct bike before they head to the start line.

Village Volunteers

Time: 29/04/2023 5:00pm – 11:00pm

Role: You will be assigned an area in the village to help direct women around the site and be a helping hand, you may also be on a stall in the village helping sell merchandise.

Start Line

Time: 29/04/2023 7.30pm– 12am

Role: You will be helping to control the start line area, lining up the cyclists and setting them off. Reminding the cyclists to turn their lights off while queuing to save batteries and making sure everyone in the queue has a helmet on.

Feed Station 1 Support

Time: 29/04/2023 7:00pm – 30/04/2023 2:00am

Role: You will be working in a team helping to run the feed station. There will a variety of roles to keep you busy all night including organising the bikes, helping with the food, and refreshments. This is a good job for people wanting to get in the middle of the action! Please let us know if you would like to make your own way to the Feed Station.

Timings: Traveling in our transport from and back to Kempton Racecourse - 7:30PM-1.30AM. Meeting at Feed station - 8PM-1AM

Feed Station 2 – Half Way Point

Time: 29/04/2023 8:00pm – 30/04/2023 4:00am

Role: You will be working in a team helping to run the feed station. There will a variety of roles to keep you busy all night including organising the bikes, helping with the food and refreshments. This is a good job for people wanting to get in the middle of the action! Please let us know if you would like to make your own way to the Feed Station.

Timings: Traveling in our transport from and back to Kempton Racecourse - 8PM-4AM. Meeting at Feed station - 8.30PM-3AM



Feed Station 3 Support

Time: 29/04/2023 9:00pm – 30/04/2023 6:00am

Role: You will be working in a team helping to run the feed station. There will be a variety of roles to keep you busy all night including organising the bikes, helping with the food, water and energy drinks. This is a good job for people wanting to get in the middle of the action! Please let us know if you would like to make your own way to the Feed Station.

Timings: Traveling in our transport from and back to Kempton Racecourse – 7.30PM-6AM. Meeting at Feed station - 9.30PM-6AM

Finish Line 100km

Time: 29/04/2023 11pm – 30/04/2023 7:00am

Role: You will be helping at the finish line area to cheer participants in, handing out medals and collecting high viz vests from the participants. The cyclists are very tired when they come back in so people with lots of energy are good for this role to keep the energy up and the atmosphere going all the way to the end of the morning.



Women V Cancer Ride the Night London 2023 – Ride Angel Volunteer Role

Your role throughout the night will be to support and encourage the riders around the route. You will be positioned amongst a group of riders and will be wearing a 'Ride Angel' high-viz vest so the riders will be able to spot you while cycling.

There are two distances: 100km and 50km.

You have no responsibilities in terms of first aid; your role is to give the riders moral and practical support while out on the course. **IT IS ESSENTIAL THAT YOU CAN REPAIR AND CHANGE A PUNCTURE** This is so you can help women throughout the course, as mechanical support will prioritise major mechanical faults over punctures.

The challenge will start from Kempton Park Racecourse, and you will be required to arrive at the venue between 57pm ready to meet your Ride Angel Co-Ordinator.

Everyone will have a meeting with the Ride Director at 8pm. The participants will set off in waves between 9pm - 11pm.