



The Glastonbury to Stonehenge Pilgrimage 2020

Keeping participants safe

In late October 2020, after several long months of lock-down, we were delighted to light up the bleak beginning of winter and go ahead with our first ever [Glastonbury to Stonehenge Pilgrimage](#).

At Dream Challenges, we hold the health and safety of our participants as our highest priorities and we took extensive measures to ensure we could keep our trekkers as safe as possible from the coronavirus.

In line with our [industry-leading 14-step initiative](#), we included COVID-19 mitigation as part of our challenge-specific route and risk assessments.

We organised to stay at a Premier Inn on a twin-sharing basis, which had passed COVID-19 hygiene and cleanliness checks and had extensive protocols in place to keep guests safe. All the eating establishments we visited during the weekend were also required to pass COVID-19 hygiene and cleanliness checks.

We also implemented the [Rule of Six](#) throughout the weekend to enable greater social distancing.

To help everyone feel comfortable with the protocols in place, we introduced a few easy-to-follow but very important steps that we asked participants to follow at all time:

- We trekked in staggered groups of five participants, with one challenge guide accompanying each group.
- Each group kept to their own bubble and didn't mix with other groups at any point. They stayed in their bubbles while walking, at the hotel and at mealtimes.
- We provided all participants with their own free **Travel Safety Kit**, with a bottle of hand sanitiser, a face mask for each day of the challenge, a pack of **anti-bacterial wipes** and a **marker pen** so that plastic water bottles could be identified and avoid cross-contamination.
- We gave all participants a high visibility vest, with a different colour for each group. The vests, of course, made our trekkers more visible to other road users; but the colour of the vest also identified which group they were in and who they could and could not mix with.
- We hired a large coach for the weekend with two seats per passenger to allow room for distancing.
- While on the coach, participants were required to wear a face mask (provided in their free Travel Safety Kit), to sit in the same seat for every journey and of course, to stick to their bubble.
- Participants were instructed not to share water bottles, snacks and equipment. We used large water bottles on the coach to refill bottles. These larger bottles were only handled by staff, with each group's guide refilling their participants' bottles, to avoid cross-contamination.
- Participants were instructed to wash their hands regularly with soap or hand sanitiser and make use of all the outdoor space.