Walk on the Wild Side
Trek Kenya
14-22 February 2020

Take a walk on the wild side on this roarsome adventure, trekking through Kenya’s Rift Valley. Prepare to be immersed in an entirely different world and spot an extraordinary range of African wildlife.

For more information and to register online:
www.dream-challenges.com

Tel: 01590 646410
email: events@dream-challenges.com
Walk on the Wild Side Trek Kenya 2020

Take a walk on the wild side on this roarsome seven-day Kenyan adventure, trekking right through Kenya’s Rift Valley to the banks of the River Malewa.

Along the way, we’ll be immersed in an entirely different world and spot an extraordinary range of African wildlife, from hippos and giraffes to zebras, wildebeests and many more. We may even be lucky enough to spot the elusive cheetahs and lions – after all, we venture through Hell’s Gate National Park, the setting of The Lion King! We finish off this amazing challenge with an exclusive visit to an elephant orphanage, where orphaned babies are looked after and raised until they’re ready to return to the wild.

The wildlife isn’t the only thing to get excited about: we’ll experience spectacular landscapes and more than a handful of life-changing moments, from abseiling down Hell’s Gate Gorge to climbing to the ridge the Mount Longonot volcano. And the best part? It’s all in aid of animal and wildlife charities!

Your chance to give back to our beautiful planet.

Whether you choose to support a charity for pets, assistance dogs, animal rights, wildlife or the environment, by taking on this Walk on the Wild Side challenge, you’ll be standing up for those without a voice and so fundraising for an invaluable cause. Let’s come together for our furry, feathery and scaly friends and face this challenge like a lion!

Don’t want to fundraise? No worries.

Walk on the Wild Side is an Open Challenge – this means you have the option to self-fund your participation and there is no minimum fundraising requirement. We do encourage you to commit to a minimum sponsorship target instead and fundraise for an animal, wildlife or environment charity of your choice; but it’s completely up to you.

Places for this incredible African adventure are likely to be snapped up faster than a cheetah’s prey, so please secure your place so you don’t miss out!

@dream_challenges @dreamchallenges @DreamChallenges
Days 1 & 2 | UK – Nairobi - Lake Naivasha (approx. 3 hours)
Our first ever Walk on the Wild Side adventure starts with an overnight flight from London to Nairobi airport, where our challenge guide greets us and transfers us to our camp on the shores of Lake Naivasha in Kenya’s Rift Valley.

After lunch, we catch a short transfer to the nearby crater lake and take a warm up walk to ease us into our challenge. Our stroll takes us around the stunning fresh water lake, nestled between volcanic rocks and lush vegetation and we have the fab opportunity to spot some local wildlife. Home to over 400 different species of bird and a large protected population of hippos, we may also spot some giraffes, zebras, waterbucks and wildebeests! (We don’t call this Walk on the Wild Side for nothing.)

Returning to our camp, we enjoy our first group dinner, followed by a briefing from our challenge guide.

Day 3 | Lake Naivasha - Hell’s Gate National Park (approx. 26km)
After our first glimpse yesterday of the enthralling African wildlife, we set off on our real challenge, beginning with a trek to Hell’s Gate National Park. Once we’ve entered the park, we have a fairly flat walk through a mix of typical African savannah and volcanic terrain, looking out for animals along the way. Renowned for its wide variety of animals, the park was established in 1984 and ten years later, it formed the setting of the 1994 Disney sensation, The Lion King (so we fully encourage you to break out into a chorus of Hakuna Matata as we walk)! We may be lucky enough to glimpse lions and cheetahs, along with the less elusive zebras and buffalo! We eventually reach our campsite within the park and rest for the night, far away from urban frenzy.

Day 4 | Hell’s Gate National Park (approx. 18km)
Our day starts with a short walk to Hell Gate’s Gorge, where we embark on abseiling into the steep canyon. Once back on solid (horizontal) ground, we venture through the canyon, taking in the awesome views of the fast running water, the extraordinary geysers and wild vegetation. We stop for lunch, before continuing through the rocky gorge and bush and finally heading back to our camp in the park for a second night.
Day 5 | Hell’s Gate National Park - Longonot National Park (approx. 18km)
Today, we trek through more savannah with a range of flat and hilly sections and pass through the Kedong Ranch. This ranch stretches to a whopping 600 square kilometres and enjoys a beautiful backdrop of Hell’s Gate and Mount Longonot. We can’t help but feel dwarfed by the vast expanses around us, a welcome escape from the fast pace of the UK. Tonight, we settle down to camp in Longonot National Park, home to the incredible stratavolcano, Mount Longonot.

Day 6 | Mount Longonot trek (approx. 13.4km)
We wake up today to quite a tough trek as we make our way up the extinct volcano, Mount Longonot, altogether climbing around 550m (from 2,220m above sea level to 2,770m) and rewarded all the way with incredible vistas. At the rim of the crater, we make the most of the spectacular panorama over the rift valley and Lake Longonot and snap a group photo or two. Of course, a camera can’t do justice to this amazing landscape, but it’s worth a try! Continuing our trek, we hike along the jagged edge and peer into the volcano, before descending back to our camp to relax.

Day 7 | Malewa River Gorge (approx. 12km)
This morning, we transfer to Malewa River. This brings us into the middle of Africa at its natural best, lush with flowers, trees and wildlife each side of the river. We start our last day’s trek by crossing the shallow Malewa River Gorge, enjoying the extraordinary sounds of animal life all around us. After passing our last crater pool, we trek to Malewa Camp for lunch and more importantly, our finish line! From here, we transfer to our night’s hotel accommodation in Nairobi and celebrate with a dinner to toast our achievement.

Days 8 & 9 | Nairobi - UK
On our last – and potentially best - day in Kenya, we have the wonderful opportunity to visit an elephant orphanage, where orphaned babies are looked after and raised until they’re ready to return to the wild. We get to meet the baby elephants and learn how their carers look after them and keep them happy after their rough start to life.

In the late afternoon, we meet back at the hotel and transfer to the Jomo Kenyatta International airport in Nairobi, stopping for dinner en route. We then catch our overnight flight back to London, arriving on Day 9.
Your Questions Answered

**When is it?**
14-22 February 2020

**How much does it cost?**
Registration fee: £299
Self fund: £1,699
Minimum sponsorship target: £3,400

**When’s the fundraising deadline?**
6 December 2019

**How do I sign up?**
The best way to secure your place is on the Walk on the Wild Side Trek Kenya 2020 challenge page on our website:
https://www.dream-challenges.com/challenges/walk-on-the-wild-side-trek-kenya-2020

**MORE DETAILS**

**How does it work?**
To take part in the Walk on the Wild Side Trek Kenya 2020, you need to pay a non-refundable registration fee of £299, which is used to administer the challenge, secure your seats with the airline and pay deposits for the trek in Kenya. You then have two options to fund your challenge:

**Option One - Minimum sponsorship:** Select an animal/wildlife/environment charity, project or sanctuary of your choice and fundraise a minimum of £3,400 for them. Providing you have raised the funds by 6 December 2019, the charity you’re supporting will pay the challenge costs (£1,699) on your behalf. The challenge costs include your flights (not including airport and fuel tax), accommodation, food, transfers, guides and challenge support. The rest of the funds will go directly towards the charity’s invaluable work.

**Option Two - Self funding with sponsorship:** If you still want to help your favourite charity in a big way, but don’t want the pressure of a minimum fundraising target, this is the option for you. Pay the challenge costs yourself (£1,699) by 6 December 2019 and then fundraise as much as you can for the animal/wildlife/environment charity or sanctuary of your choice or make a donation.

**How fit do I have to be?**
This challenge is not designed for Olympic athletes – it is designed for people looking for an amazing goal to train and get fit for. A number of the people who will take part on this challenge will have little or no fitness level when they sign up. Walk on the Wild Side is the perfect motivation to get fit and have an experience of a lifetime.

**I’m worried about signing up on my own...**
Please don’t be! The majority of people will sign up on their own and our Dream Challenges are renowned for the amazing camaraderie and life long friendships made as our groups take on these incredible feats together.

“The organisation was seamless, the crew did an amazing job. The trek was a wonderful experience with lovely people, through spectacularly beautiful scenery.”
Rod, Dream Challenges Past Participant
Once you’ve signed up for the challenge, we’ll send you a link to a private Facebook group for everyone registered for the Walk on the Wild Side Trek Kenya 2020. Please feel free to use this space to swap questions, advice and updates with your fellow trekkers on your training and fundraising. You may also want to reach out to the fellow participants in this group to see if there’s anyone in your local area you can meet up to train and fundraise with.

**Am I too old?**
Absolutely not! One of the amazing things about the challenge is that people of all ages will come together to do something very special. The age range is likely to be from 18 to a youthful 80.

**Do I need special equipment?**
You will of course need a pair of walking boots. We will supply you with a comprehensive list of everything you will need to take on the challenge well before your departure date.

**Where will we sleep overnight?**
We’ll camp in comfortable campsites throughout the challenge, apart from two nights in a hotel in Nakuru and Nairobi (the nights following Day 1 and Day 7).

**Can I extend my stay at the end of the challenge?**
Yes of course! If you wish to extend your stay you will need to come out of our group flights (and of course, we would deduct the cost from your balance).

**What other costs will I pay?**
In addition to paying your registration fee, you will need to budget for your visa, airport taxes and fuel surcharges, personal travel insurance, gratuities, optional tours and personal expenses including travel to and from the departure airport in London.

**What about insurance and visas?**
You will need to take out your own personal travel insurance, covering health, accident, loss and repatriation. Dream Challenges has a recommended policy that provides appropriate cover for this type of activity. We will send you the details once you have registered. You can however take out your own insurance, providing it covers you for a charity trek in Kenya.

**How will you support me?**
The Dream Challenges team are here to help you achieve your challenge and will support you all the way. We are on hand from the minute you sign up to answer any questions that you may have about your training or the challenge itself. Once you have registered, we will send you a realistic training programme to help you get fit for the event. The programme builds up gradually as the event gets closer.
Why take part?

Walk on the Wild Side Trek Kenya 2020 is your chance to give something back to our beautiful planet and to the wonderful creatures that live on it. Whether you choose to support a charity for pets, assistance dogs, animal rights, wildlife or the environment, by taking on this Walk on the Wild Side challenge, you’ll be standing up for those without a voice and so fundraising for an invaluable cause.

Popping a pound in a donation box every now and then is great; but fundraising and representing your favourite charity with pride, while you achieve something incredible is a massive step up. Whilst fundraising and promoting them on your challenge, you raise awareness of the charity and encourage other people to support them too, who otherwise may not have even heard of them! Not to mention, all the funds you raise will do wonders for their cause. Let’s come together for our furry, feathery and scaly friends and face this challenge like a lion!

‘Everyone had such a fantastic time and was a testament to the hard work that is put in by Dream Challenges.’ Hannah, Dream Challenges Past Participant

The camaraderie

Our dream challenges are renowned for the incomparable camaraderie, life-long friendships made and overwhelming sense of achievement our heroes get while conquering these amazing feats. There’s nothing like coming together with a group of inspiring people, who share your passion for experiencing the world and helping to make it a better place.

The challenge

Walk on the Wild Side is the ultimate motivation for you to get fit. Trekking for five days straight, around Kenya’s incredible Rift Valley and in a climate you’re not used to, is not exactly a walk in the park and shaping up for it is a great goal to get you off your couch. The training plan we provide for you is very achievable and you’ll even find it fun with your African adventure to get excited for! What’s more, our treks aren’t just physically challenging and the sense of achievement you’ll experience will be mind blowing!
Conditions of entry

1. A non-refundable registration fee of £299 is required to participate in this challenge and should be paid direct to Dream Challenges.

2. If you have selected:

Option One – Sponsorship: You pay the non-refundable challenge registration fee direct to Dream Challenges when you register for the challenge. You must raise the agreed minimum amount of sponsorship as specified by your chosen charity, 100% of which must be sent to your charity at least ten weeks prior to the challenge departure date and will be used to cover your challenge costs, including air fare (not including airport taxes and the fuel surcharge), accommodation, food, transfers, guides and challenge support.

Option Two – Self fund: You pay the non-refundable challenge registration fee direct to Dream Challenges when you register for the challenge. You must pay the full challenge costs of £1,699, which will need to be paid to Dream Challenges ten weeks before the departure date to secure your place on the challenge. You agree to raise as much sponsorship as you can and/or make a personal donation for the charity of your choice.

3. Under Option One, if you are unable to raise the minimum sponsorship required you will forfeit your right to a place on the challenge or you could make up the shortfall yourself.

4. If you do not take up your place for any reason, you must inform Dream Challenges and your charity immediately. You must contact all your sponsors to ask if they wish to make a donation or have their sponsorship returned. You must send all sponsorship forms and sponsorship money collected to your charity.

5. The good reputation of your charity is paramount. You must agree to act lawfully and to follow the fundraising guidelines laid out by the charity you are supporting.

6. All participants taking part do so at their own risk. Dream Challenges has organised flights, accommodation, food, guides etc and is fully bonded by the Civil Aviation Authority ATOL No. 10456. In making these arrangements Dream Challenges is acting as your agent and is unable to accept liability for any loss or damage, however arising, or for cancellation of the challenge due to circumstances beyond their control.

7. Itineraries, schedules and accommodation may change and other alterations may occur, which are beyond the control of Dream Challenges.

8. If you are refused passage/entry/exit to or from Kenya, any additional costs incurred are your responsibility.

9. You must not be dependent on alcohol or drugs or have any criminal convictions.

10. Your passport must be valid for at least six months from date of return to the UK. You are responsible for ensuring that you have a valid passport for the challenge. Passport control and other authorities will reserve the right to refuse entry.

11. Your travel insurance must cover health/accident/loss/repatration during the challenge. You must supply proof of travel insurance ten weeks prior to departure or you may forfeit your place on the challenge.

12. For health and safety reasons the tour operator, ground agents and/or medical staff reserve the right to stop any person from participating.

13. The tour operator and local staff should not be subject to inappropriate verbal or physical behaviour. In any such case we reserve the right to exclude any person from the challenge.

14. You must agree to be bound by Dream Challenges’ Booking Conditions. Click the link for these conditions and for details of your ABTOT cover: Booking Conditions.

15. You must be at least 18 years of age before the departure date of the challenge unless permission has been given by Dream Challenges.

This contract is governed by English Law and the exclusive jurisdiction of the English Courts. The challenge is operated by Dream Challenges. Flights and ground arrangements are ATOL bonded (10465) through Dream Challenges Ltd, Newcourt House, New Street, Lymington SO41 9BQ.